



Hoffman Kofman Leadership Program Top Executives Training - Syllabus

| week | Dates | Theme | book |
|------|---------------|--------------------------------------|----------------------------|
| 1 | 25.5 - 31.5 | Kickoff | The Meaning Revolution |
| 2 | 01.6 - 07.6 | Leadership | |
| 3 | 08.6 - 14.6 | | |
| 4 | 15.6 - 21.6 | Mindfulness + Mindfulness Workshop | The Power of Now |
| 5 | 22.6 - 28.6 | Conscious Business | |
| 6 | 29.6 - 05.7 | Habits | |
| 7 | 06.7 - 12.7 | Response-ability | |
| 8 | 13.7 - 19.7 | Humility + Perspectives | |
| 9 | 20.7 - 26.7 | Emotions | |
| 10 | 27.7 - 02.8 | Essentialism + Wim Hof Workshop | |
| 11 | 03.8 - 09.8 | Stoicism | |
| 12 | 10.8 - 16.8 | Summer break | |
| 13 | 17.8 - 23.8 | Summer break | |
| 14 | 24.8 - 30.8 | Summer break | |
| 15 | 31.8 - 06.9 | Reflection Meeting | |
| 16 | 07.9 - 13.9 | Culture | |
| 17 | 14.9 - 20.9 | Communication + Bio Hacking Workshop | |
| 18 | 21.9 - 27.9 | Rosh Hashana break | |
| 19 | 28.9 - 04.10 | Collaboration + Coordination | |
| 20 | 05.10 - 11.10 | Sukkot break | Never Split The Difference |
| 21 | 12.10 - 18.10 | Coaching + Co-Evaluation | |
| 22 | 19.10 - 25.10 | Resolution | |
| 23 | 26.10 - 01.11 | Teamwork | |
| 24 | 02.11 - 08.11 | Stoic Mantras | |
| 25 | 09.11 - 15.11 | Heroism | |
| 26 | 16.11 - 22.11 | Reflection Meeting | |
| 27 | 23.11 - 29.11 | Program Closing - Zionism | |

- Items highlighted in GREEN are weekly team sessions in person.
- Items marked in BLUE are cohort in person sessions.
- Items highlighted in GREY are weeks with no weekly group meeting.