



## Hoffman Kofman Leadership Program Top Executives Training - Syllabus

### Overview

Participants will gain access to a designated online learning platform & complimentary books. Team meeting will be held weekly to discuss the practical implantations of the weekly content digest, according to the sequence below:

week	Dates	Theme	book
1	18.6 - 24.6	Leadership	The Meaning Revolution
2	25.6 - 1.7	Mindfulness	
3	2.7 - 8.7	Conscious Business	The Power of Now
4	9.7 - 15.7	Response-ability	
5	16.7-22.7	habits	
6	23.7-29.7	Mindfulness Course #1	
7	30.7-5.8	Humility + Perspectives	
8	6.8 - 12.8	Emotions	
9	13.8 - 19.8	Essentialism	
10	20.8 - 26.8	Summer break	
11	27.8 - 2.9	Summer break	
12	3.9 - 9.9	Reflection Meeting	
13	10.9 - 16.9	Culture	
14	17.9 - 23.9	Rosh Hashana break	
15	24.9 - 30.9	Communication	
16	1.10 - 7.10	Sukkot break	
17	8.10 - 14.10	Collaboration+Coordination	
18	15.10 - 21.10	Co-Evaluation	
19	22.10 - 28.10	Mindfulness Course #2	
20	29.10 - 4.11	Coaching	Never Split The Difference
21	5.11 - 11.11	Teamwork	
22	12.11 - 18.11	Stoicism 1	
23	19.11 - 25.11	Mindfulness Course #3	
24	26.11 - 2.12	Stoicism 2	
25	3.12 - 9.12	Heroism	
26	10.12 - 16.12	Mindfulness Course #4	
27	17.12 - 23.12	Reflection Meeting	
28	24.12 - 30.12	Program Closing	



**Timeline notes:**

- Items highlighted in Green are weekly team sessions which are held face to face.
- Items highlighted in Grey are weeks with no weekly group meeting.
- Items marked as 'Reflection Meeting' are weeks with no weekly learning material, but still include the weekly group session, which will be done face to face.