



## Hoffman Kofman Leadership program Syllabus & Structure

### Required book reading for mandatory for the entire cohort:

Each participant shall read 4 Full books over the course of the program, according to the timeline below:

1. **The Meaning Revolution.** Fred Kofman.
2. **Atlas Shrugged.** Ayn Rand
3. **1984.** George Orwell
4. **Brave New World.** Aldous Huxley

### Required book reading by choice:

Each participant shall read 4 additional books, according to personal preference, from the list below:

1. **Meditations.** Marcus Aurelius
2. **The Power of Now.** Eckhart Tolle
3. **Atomic Habits.** James Clear
4. **Crucial Conversations: Tools for Talking When Stakes Are High.** Kerry Patterson.
5. **Never Split the Difference.** Chris Voss.
6. **Healing our World.** Mary Ruwart.
7. **Beyond Democracy.** Frank Karsten.
8. **The Right Side of History.** Ben Shapiro.
9. **For a New Liberty.** Murray N. Rothbard.

### Timeline notes:

- The program is divided into 4 semesters, each semester has a mandatory book reading and one personal choice book assignment.
- Items highlighted in Green are weekly team sessions which should be done face to face.
- Items highlighted in Grey are weeks with no weekly group meeting and no weekly learning material (we highly recommend using these time windows for book reading!)
- Items marked as 'Reflection Meeting' are weeks with no weekly learning material, but still include the weekly group session, which will be done face to face. (we highly recommend using these time windows for book reading!)



week	Dates	Learning Module	Semester Theme	Book by Choice (1 per semester)	Mandatory Book
1	6.2 - 12.2	Mindfulness	<u>Semester I</u>  Personal Dimension  "I"	Meditations or Atomic Habits or The Power of Now	Atlas Shrugged
2	13.2 - 19.2	Conscious Business			
3	20.2 - 26.2	Response-ability			
4	27.2 - 5.3	Habits			
5	6.3 - 12.3	Humility + Perspectives			
6	13.3 - 19.3	Emotions			
7	20.3 - 26.3	Essentialism			
8	27.3 - 2.4	Stoicism 1			
9	3.4 - 9.4	Stoicism 2			
10	10.4 - 16.4	Reflection Meeting			
11	17.4 - 23.4	Passover break	<u>Semester II</u>  Inter-Personal Dimension  "WE"	Crucial Conversations or Never Split The Difference	Atlas Shrugged
12	24.4 - 30.4	Leadership + Culture			
13	1.5 - 7.5	Communication			
14	8.5 - 14.5	Coordination			
15	15.5 - 21.5	Resolution			
16	22.5 - 28.5	Collaboration			
17	29.5 - 4.6	Co-Evaluation			
18	5.6 - 11.6	Coaching			
19	12.6 - 18.6	Teamwork			
20	19.6 - 25.6	Reflection Meeting			
21	26.6 - 2.7	Liberalism	<u>Semester III</u>  Impersonal Dimension  "IT"	The Right Side of History or Beyond Democracy	1984
22	3.7 - 9.7	Objectivism			
23	10.7-16.7	Capitalism			
24	17.7-23.7	Anti-Capitalism			
25	24.7-30.7	Economics			
26	31.7-6.8	Growth			
27	7.8 - 13.8	Heroism			
28	14.8 - 20.8	Summer break			
29	21.8 - 27.8	Summer break			
30	28.8 - 3.9	Midterm Program Summary			
31	4.9 - 10.9	Macro-Intervention	<u>Semester IV</u>  Impersonal Dimension  "IT"	Healing Our World or For a New Liberty	A Brave New World
32	11.9 - 17.9	Micro-Intervention			
33	18.9 - 24.9	Succoth break			
34	25.9 - 1.10	Money			
35	2.10 - 8.10	Anti-Socialism			
36	9.10 - 15.10	Democracy			
37	16.10 - 22.10	Reflection Meeting			
38	23.10 - 29.10	Postmodernism			
39	30.10 - 5.11	Libertarianism			
40	6.11 - 12.11	Western Civilization			
41	13.11 - 19.11	Non-Duality			
42	20.11 - 26.11	Program Closing			